

Tualatin Football
"Bringing Up The Pack"
Youth Camp

Grades: 3 - 8

When: Saturday, July 31st

9:00 am to 2:00 pm

Check-in begins at 8:30 am

Cost: \$30.00

Where: Tualatin High School - On the Junior Varsity Football Field
(Behind the Auditorium)

ATTENTION ALL FUTURE TUALATIN FOOTBALL PLAYERS - DON'T MISS THIS
CAMP!

"Bringing Up The Pack" youth camp is a half day camp whose purpose is to create excitement for Tualatin Football while providing an opportunity to learn football fundamentals. Our high school staff will assist while some of our best Tualatin High School football players lead instruction. Campers will rotate through a variety of stations teaching offensive and defensive fundamentals at every position. In addition, campers will receive basic Olympic Weightlifting instruction and agility/footwork training with the focus on proper technique and body position. Each participant will get a Tualatin Football t-shirt and a hot-dog lunch at the conclusion of the camp.

Parents and Youth Coaches are encouraged to attend.

Please Bring: Football Shoes

Any Questions: Call or e-mail Coach Rob Hastin
(503) 431-5666, rhastin@ttsd.k12.or.us

To Register With A Credit Card:

Go online to our TuHS school website at www.ttsd.k12.or.us/tualatin-high-school/
Follow the prompts to "Summer Camp Registration" and choose "Bringing Up the Pack Youth Camp".

OR

Fill out the following registration form and make your \$30.00 check payable to:
Tualatin Football

Tualatin Football
"Bringing Up The Pack"
Youth Camp
VITAL INFORMATION

This form must be turned in PRIOR
to participation in the camp.

Player

Name: _____

Age: _____

Grade in the Fall: _____

Address: _____

Dad

Name: _____

Address if Different: _____

Home Phone: _____ Cell Phone: _____

Mom

Name: _____

Address if Different: _____

Home Phone: _____ Cell Phone: _____

Emergency Contact Person

Name: _____

Home Phone: _____ Cell Phone: _____

The undersigned, _____, who is one of the parents or legal guardians of the above named minor, herein authorize the adult sponsor of Tualatin High School or any responsible adult person bearing this written authorization, to consent to necessary emergency medical care by an attending physician, or others he/she may choose, in case of injury, ingestion, or illness. The undersigned accepts all financial responsibility for necessary treatment and services. This authorization shall remain effective until terminated in writing.

Parent or Guardian's Signature: _____

Date: _____

Health Care Provider: _____ **Phone Number:** _____

Insurance Co: _____ **Policy Number:** _____

Please Return This Form With a Check for
\$30.00 Payable to Tualatin Football.

To: Coach Rob Hastin
Tualatin High School
22300 SW Boones Ferry Rd.
Tualatin, Oregon 97062