



Austin Phoenix, DMD MSD

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Tualatin, Oregon 97062

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FREE Custom Mouth Guards!!

(\$100 value)



Tualatin Timberwolves Youth Football



The 2009 football season is here and we want to extend an offer from our office to help protect the players in practice and playing the game! When putting on uniforms you want to make certain you wear all the necessary protective athletic equipment to ensure your safety when playing contact sports. One important piece of this equipment that is most overlooked is a mouth guard. Sport guards, mouth guards, and mouth protectors are different names for the same thing: a device worn over the teeth that protects them from blows to the face and head. They should be worn by anyone participating in a sport that involves falls, body contact, or flying equipment. A mouth guard not only protects your teeth but acts as a shock absorber during head contact and may lower the risk of concussion.

There are different mouth guard options out there to choose from. **Stock Mouth Guards**- these come pre-formed, ready to wear. **Boil and Bite Mouth Guards**- these come in a pre-formed shape that can be altered by boiling the mouth guard in water, then biting into warm plastic for a customized fit. **Custom-made Mouth Guards**- these are individually designed and made in your dentist or orthodontist office in conjunction with a professional dental laboratory. An impression is made of your teeth and then constructs the mouth guard over a model of them. They provide the most comfortable fit and best overall protection. We are offering **FREE CUSTOM-MADE MOUTH GUARDS** to all Tualatin Timberwolves youth football players.

Bring your child to our office on **Wednesday, August 19th, 9am-3pm**. No appointment necessary. Impressions/molds will be taken and sent out to a dental laboratory. The mouth guards will back in our office one week later. To help beat the heat, Strawberry & Lemon-Lime Slushies will be served to all that attend. You may pick up your mouth guards on Tuesday/Wednesday/Thurs of each week beginning September 1st 10am-5pm.

If you have any questions please do not hesitate to call our office. We look forward to seeing all of you that come and take advantage of this great opportunity in getting this very important piece of protective equipment for your child at no obligation and cost to you. SEE YOU SOON!!!!

Dr. Phoenix

Marie- office manager

Bethany- dental assistant